

CV

Susanne Walitza

MD, MSc in Psychology

Professor of Child and Adolescent Psychiatry and Psychotherapy

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ResearcherID AAF-5616-2019



Professional career

08-2010 – cont. **Full Professor (Chair), Head of Department / Medical & Research Director**
Department for Child and Adolescent Psychiatry and Psychotherapy, University of Zurich and University Hospital of Psychiatry Zurich, Switzerland

Former Positions

05-2018 – 05-2020 **Head of the Academic Medical Board of the University Hospital of Psychiatry Zurich**
University Hospital of Psychiatry Zurich, Switzerland

08-2015 – 07-2017 **Vice Dean (Prodekan) for Clinical Education**
Faculty of Medicine, University of Zurich, Switzerland

09-2008 – 07-2010 **Professor (Extraordinaria), Head of Department / Medical & Research Director**
Department of Child and Adolescent Psychiatry, University of Zurich, and Kinder- und Jugendpsychiatrischer Dienst des Kantons Zürich, Switzerland

04-2008 – 08-2008 **Senior Physician / Chair of the Day Clinic and the Outpatients Clinic**
Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

04-2007 – 03-2008 **Maternity Leave**

05-2005 – 03-2007 **Senior Physician / Chair in the Field of Education and Research and Chair of Psychiatric Family-Law Assessments**
Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

05-2004 – 04-2005 **Rotation Position from Child and Adolescent Psychiatry to Nuclear Medicine**
Interdisciplinary Center for Clinical Research of the University of Wurzburg (IZKF), University of Wurzburg, Germany

06-2003 – 03-2005 **Physician; Specialist in Child and Adolescent Psychiatry and Psychotherapy**
Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

06-2002 – 05-2003 **Physician**
Department of Pediatric Neurology, Pediatric Neurosurgery and General Pediatrics (Children's Hospital), University of Wurzburg, Germany

09-2001 – 03-2002 **Research Fellow**
Molecular Genetic Laboratory for Clinical Research, Department of Child and Adolescent Psychiatry and Psychotherapy, University of Marburg, Germany

03-1999 – 05-2002 **Physician**
Department of Child and Adolescent Psychiatry and Psychotherapy, University of Wurzburg, Germany

10-1996 – 10-1997 **Tutor in Clinical Psychology / Personality Psychology**
Technical University Berlin, Germany

Education

- 06-2014 – 12-2014 **Certification in Good Clinical Practice (GCP): Modules 1 to 3**
Clinical Trials Center (CTC), University of Zurich & University Hospital Zurich, Switzerland
- 05-2005 – 08-2007 **Habilitation and Venia Legendi for Child and Adolescent Psychiatry and Psychotherapy**
Faculty of Medicine (Department of Child and Adolescent Psychiatry and Psychotherapy), University of Wurzburg, Germany
- 01-2004 – 11-2008 **Certification in Forensic Child and Adolescent Psychiatry**
Qualification in Forensic Child and Adolescent Psychiatry, The three German Associations for Child & Adolescent Psychiatry (BAG KJPP, BKJPP, DGKJP)
- 03-2000 – 04-2005 **Further Education**
Psychotherapeutisches Kolleg Wurzburg, Germany (Head: Prof. Dr. G. Nissen)
- 03-1999 – 05-2005 **Certificate as Specialist in Child and Adolescent Psychiatry and Psychotherapy**
Bavarian State Chamber of Physicians (BLÄK), Bavarian State Ministry for Environment and Health (StMUG)
- 03-1999 – 09-2000 **Medical Licensure (Approbation)**
State Office for Health and Social Affairs (LAGeSo) Berlin, Senate Department for Health and Social Affairs Berlin
- 01-1994 – 03-1999 **Doctor of Medicine (MD / Dr. med.)**
Faculty of Medicine, University of Wurzburg, Germany
- 03-1996 – 03-1999 **Diploma in Psychology (MSc / Dipl.-Psych)**
Department of Psychology and Ergonomics, Technical University Berlin, Germany, parallel to study of Medicine
- 01-1990 – 04-1998 **Study of Medicine**
Faculty of Medicine, University of Wurzburg and Free University of Berlin (state exam), Germany
- 11-1988 – 10-1990 **Study of Psychology**
Institute of Psychology, University of Wurzburg, Germany

Affiliations, Memberships and Board Memberships

University of Zurich, Switzerland

- As Vice Dean for Clinical Education: Member of the Governing Board and the Faculty Committee of the Faculty of Medicine UZH, 2015 to 2017
- As Head of the Academic Medical Board of the PUK: Member of the steering committee of the Competence Center for Mental Health of the UZH (CCMH) and of The LOOP Zurich
- Member of the Coordination Committee UMZH (Universitäre Medizin Zürich) in 2018
- Neuroscience Center Zurich (ZNZ): Member of the Steering Committee since 2019
- SAMW Delegate of the Faculty of Medicine UZH since 2017
- Member of the Research Committee, Faculty of Medicine UZH
- Foundation for Medical Research at the Faculty of Medicine UZH: Member of the Board of Trustees and the Foundation Council
- Dep. of Clinical Neuroscience and Psychiatry, Faculty of Medicine UZH: Chairperson 2012 to 2014, Deputy Chairperson 2010 to 2012
- Young Professionals Promotion Committee, Faculty of Medicine UZH, 2010 to 2016
- MERH Kompetenzzentrum Medizin Ethik Recht Helvetiae
- Foundation for Research in Science and the Humanities at the University of Zurich
- Zurich Center for Integrative Human Physiology (ZIHP)
- Association of Chief Physicians of the University Hospitals in the Canton of Zurich (Chefärztesgesellschaft der Universitätskliniken des Kantons Zürich, CUK)

Child and Adolescent Psychiatry and Psychotherapy

- The International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP): Non-Elected Member of the Executive Committee as WHO Liaison since 2022
- Association of Chief Physicians of the Swiss Society for Child and Adolescent Psychiatry and Psychotherapy (VKJC): President 2013 to 2018
- Swiss Society for Child and Adolescent Psychiatry and Psychotherapy (SGKJPP): Board Member since 2012, Head of Public Relations since 2019 and for FMPP since 2020
- Swiss Mental Health Care (SMHC): Board Member 2012 to 2015

- Institute for Child and Adolescent Psychotherapy of the University Hospitals Basel, Bern, Zurich (IPKJ): Co-Director since 2011, President in 2014 and 2021
- Academy for Child and Adolescent Behavior Therapy (AVKJ): Board Member since 2009
- Zurich Association of Chief Psychiatrists (ZVPC): Board Member 2009 to 2015
- Member of the Swiss Society of Early Childhood Research (SSECR)
- Member of the Zurich Society for Child and Adolescent Psychiatry and Psychotherapy (ZGKJPP)
- Member of the German Society for Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy (DGKJP)
- Member of the Association for Neuropsychopharmacology and Pharmacopsychiatry (AGNP)
- International Federation of Psychotherapy (IFP)
- OPSY: Zurich Society for Children and Adolescents suffering from psychiatric disorders; President since 2010

Disorder-specific

- World Association for Stress Related and Anxiety Disorders (WASAD): Vice President since 2021
- World Federation of Attention-Deficit/Hyperactivity Disorders: Vice President 2011 to 2015
- International College of Obsessive Compulsive Spectrum Disorders (ICOCS): Board Member since 2019
- COST Action CA16207 European Network for Problematic Usage of Internet (PUI): Swiss Representative since 2017
- Swiss Society for Obsessive-Compulsive Disorders (SGZ): Vice President since 2009
- Swiss Society for Anxiety and Depression (SGAD): Board Member since 2011
- Swiss Society for ADHD
- Swiss Society for Tic-Disorders (TGS)
- German Society for Obsessive-Compulsive Disorders (DGZ)

Further

- Society Lifegarden Zurich: Board Member since 2019
- Overseas Fellow of the Royal Society of Medicine (RSM)
- Fellow of the Swiss School of Public Health (SSPH+)

Editorial Board Memberships

- Journal of Psychiatric Research: Associate Editor since 2020
- Journal of Neural Transmission: Field Editor for "Psychiatry and Preclinical Psychiatric Studies" since 2019
- Frontiers Neuropharmacology (Frontiers in Neuroscience, Frontiers in Neurology, Frontiers in Pharmacology): Guest Associate Editor for Frontiers Research Topic *Neurodevelopmental Processes in Health and Disease: Bridging Basic and Clinical Research* 2017 to 2019
- ADHD – Attention Deficit and Hyperactivity Disorders: Editorial Board Member 2009 to 2019
- PSYCH up2date: Editorial Board Member until 2015

Reviewer, Advisory and Consulting Expert (selection)

- As Vice Dean Member of the Examination Board Human Medicine (Prüfungskommission Humanmedizin) of the Swiss Federal Department of Home Affairs (FDHA) 2015 to 2017
- Swiss National Science Foundation (SNF) (reviewer)
- German Research Foundation (DFG) (reviewer)
- ETH Cooperation Programs
- Health Research Board (HRB) Ireland
- OAQ
- Archives of General Psychiatry (reviewer)
- Journal of the American Academy of Child and Adolescent Psychiatry (reviewer)
- American Journal of Medical Genetics Part B: Neuropsychiatric Genetics (reviewer)
- Brain Research (reviewer)
- European Journal of Child and Adolescent Psychiatry (reviewer)
- International Journal of Neuropsychopharmacology (reviewer)
- Journal of Child Psychology and Psychiatry (reviewer)
- Journal of Psychopathology (reviewer)
- Molecular Psychiatry (reviewer)
- Zeitschrift für Kinder- und Jugendpsychiatrie (reviewer)

Third Party Funds

SNF, EU, H2020, HSM, DFG, University and further grants as PI and Co-PI; grant volume over 5 Mio. CHF

- 2022 – 2024 **Uniscientia Foundation:** *Die psychischen Auswirkungen der Covid-19-Pandemie auf Kinder und Jugendliche, ihre Eltern sowie auf junge Erwachsene in der Schweiz – Second Wave*; PI
- 2021 – 2024 **Gesundheitsförderung Schweiz:** *AdoASSIP – Prävention von Suizidversuchen und Suiziden bei Adoleszenten*; Co-PI
- 2020 – 2022 **Uniscientia Foundation:** *Die psychischen Auswirkungen der Covid-19-Pandemie auf Kinder und Jugendliche, ihre Eltern sowie auf junge Erwachsene in der Schweiz*; PI
- 2020 – 2022 **Swiss State Secretariat for Education (SERI) & University of Geneva, Research Preparation Grants (RPG) with Russia 2020:** *Impact of genetic deficiency in the synthesis of brain-specific gangliosides and glycoproteins mediated by the ST3GAL3 and ST3GAL5 genes on the neuropathology*; PI
- 2020 – 2022 **Vontobel Foundation:** *Add-on to the SNF project "Omega-3 fatty acids as first-line treatment in Paediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study. Add-on for funding a doctoral fellowship*; PI
- 2020 – 2021 **UZH Foundation & Erika Schwarz Foundation:** *The psychological impact of the coronavirus pandemic shutdown in Switzerland*; PI
- 2018 – 2021 **Gertrud Thalmann Fonds of the UPK Basel, Collaborative Project:** *Effects of Omega-3 fatty acids supplementation on sleep and physical activity in pediatric depression. Add-on study to the investigator-initiated clinical trial SNF project Omega-3 fatty acids as first-line treatment in Pediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study*; Co-PI
- 2018 – 2020 **Oxford McGill University and Neuroscience Center Zurich (University of Zurich & ETH), Collaborative Project:** *Epigenetics and ADHD: Family-based and case-control association studies of the dopamine and serotonin transporter gene*; PI (CH)
- 2018 – 2020 **Ebnet Foundation:** *Add-on to the SNF project "Omega-3 fatty acids as first-line treatment in Paediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study. Add-on for funding a doctoral fellowship*; PI
- 2017 – 2019 **EU H2020 SME Instrument & Mensia Technologies SA:** *Effectiveness of a Personalized Neurofeedback Training Device (ADHD@Home) as compared with Methylphenidate in the treatment of children and adolescents with Attention-Deficit/Hyperactivity Disorder: A multicentre randomized clinical study*; PI (CH)
- 2016 – 2022 **University Medical Center Utrecht & Stanley Medical Research Institute – Collaborative Project:** *multi-centre study Placebo-controlled trial in subjects at Ultra-high Risk for Psychosis with Omega-3 fatty acids in Europe (PURPOSE)*; PI (CH)
- 2016 – 2022 **Swiss National Foundation, Investigator Initiated Clinical Trial:** *Omega-3 fatty acids as first-line treatment in Paediatric Depression. A 36-week, multi-centre, double-blind, placebo-controlled randomized superiority study*; Co-PI
- 2013 – 2018 **EU Research Program (European Commission), FP7 – Collaborative Project:** *Aggessotype – Aggression subtyping for improved insight and treatment innovation in psychiatric disorders*; Co-PI (CH)
- 2015 – 2017 **Cooperation Project between the Psychiatric Clinic and the Department of Child and Adolescent Psychiatry, University of Zurich – Part of the HSM-2 (Gesamtstrategie Hochspezialisierte Medizin) of the Canton of Zurich, Switzerland:** *Psychiatric Satellite Clinical Trial Center (CTC)*; Co-PI
- 2015 – 2017 **BfArM: Pharmakovigilanz in der Psychiatrie / Neurologie: Pharmakovigilanz bei Patienten im Kindes- und Jugendalter (Kompetenznetz TDM KJP e.V.):** *Therapeutisches Drugmonitoring in der Kinder- und Jugendpsychiatrie: Beobachtungsstudie zur (Off-Label) Anwendung von Antidepressiva und Neuroleptika*; PI (CH)
- 2013 – 2016 **Zürcher Impulsprogramm zur nachhaltigen Entwicklung der Psychiatrie (ZInEP):** *Zürcher Längsschnitt- und Familien-Studie zur Entwicklungspsychopathologie (ZüLFS)*; Co-PI
- 2014 – 2015 **Olga Mayenfisch Foundation:** *Identification of biomarkers for obsessive-compulsive disorder in children and adolescents*; PI
- 2013 – 2015 **EU Research Program (European Commission), FP7 – Collaborative Project:** *Attention Deficit Hyperactivity Disorder Drugs Use Chronic Effects (ADDUCE)*; PI (CH)

- 2011 – 2016 **EU Research Program (European Commission), FP7 – Collaborative Project: European Multicentre Tics in Children Studies (EMTICS);** PI (CH)
- 2010 – 2014 **NOMIS Foundation: Developmental Dyscalculia-Behavioral Characteristics, Neuronal Correlates and Intervention;** Co-PI
- 2010 – 2013 **Swiss National Foundation: Neuroimaging of cognitive flexibility and action monitoring in paediatric obsessive-compulsive disorder (OCD) and attention deficit-hyperactivity disorder (ADHD);** PI
- 2009 – cont. **Cooperation Project between the Psychiatric Clinic and the Department of Child and Adolescent Psychiatry, University of Zurich. Part of the HSM-1 (Gesamtstrategie Hochspezialisierte Medizin) of the Canton of Zurich, Switzerland: Früherkennung und differenzierte Indikationsstellung für Frühbehandlung psychiatrischer Erkrankungen sowie Therapieforschung.** 2009 to 2014: Funds for a 3-Tesla MRT-Machine; Co-PI
- 2007 – 2009 **Interdisciplinary Center for Clinical Research of the University of Würzburg (IZKF):** Collaboration with Prof. H. Stopper, Institute of Pharmacology and Toxicology: *Wirkung dopaminerger Pharmaka auf die genomische Stabilität (N-5);* Co-PI
- 2007 **Wissenschaftliches Herausgeberkollegium der Münchner Medizinischen Wochenschrift: Genetische Untersuchung im Verlauf von Zwangsstörungen im Kindes- und Jugendalter;** PI
- 2005 – 2007 **German Research Association: Prospektive Untersuchung zum Verlauf von Zwangsstörungen mit Beginn im Kindes- und Jugendalter (WA 1618/1-1);** PI
- 2004 – 2009 **German Research Association: Clinical research group Aufmerksamkeitsdefizit-Hyperaktivitätsstörung (ADHS): Molekulare Pathogenese und Endophänotypen im Therapieverlauf.** Subproject: Collaboration with Prof. K. P. Lesch: *Functional molecular genetics: genotype-phenotype correlation and linkage analysis in attention-deficit/hyperactivity disorder (KFO 125/1-1);* Co-PI
- 2004 – 2005 **Interdisciplinary Center for Clinical Research of the University of Würzburg (IZKF):** Rotation Position from Child and Adolescent Psychiatry to Nuclear Medicine for the project *Untersuchungen des Dopamin-Transporters mittels TC-99m-TRODAT-1-SPECT bei Jugendlichen mit ADHS;* PI
- 2000 **Wissenschaftliches Herausgeberkollegium der Münchner Medizinischen Wochenschrift: Diagnostik und Therapie der kindlichen Enkopresis;** PI

Awards (selection)

- 2018 **Westernberg-Prize 2018 ECNP Barcelona, ICOCS:** “Duration of untreated illness and the outcome of early onset OCD”
- 2015 **Best Poster** 11th Symposium of the ZIHP: “Initial grapheme-phoneme integration in prereading children with a familial risk for developmental dyslexia”
- 2011 **Best Poster** 4th Scientific Meeting for Autism Spectrum Conditions (WTAS): “Neuropsychologische Endophänotypen im Autismus: Untersuchung bei autistischen Kindern und ihren Geschwistern“
- 2005 **Hermann-Emminghaus-Prize:** “Investigations of obsessive-compulsive disorders in childhood and adolescence”

Zürich, 20.01.2022

Prof. Dr. med. Dipl.-Psych. Susanne Walitza